REEL GUYS LOOK AHEAD TO FALL FILM FARE

CHRISTOPHER WALKEN IS JUST ONE OF THE REASONS WHY THE CRITICS CAN'T WAIT FOR SEVEN PSYCHOPATHS PAGE 10

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Will it be Willy or Durant for Riders?

Decisions. Nagging hip injury has temporarily sidelined Durant, while Willy has performed well in recent games

JEFF MACKEY
jeff.mackey@metronews.ca

The Riders have some big decisions to make before taking on the Montreal Alouettes Sunday, including who will be the team's starting quarterback.

Darian Durant has a nagging hip injury and hasn't been too involved in practice this week. He may start against Montreal — if his condition improves.

"We made a decision yesterday after practice to give him one more day of rest," said Riders head coach Corey Chamblin on Thursday. "Day 3 (Friday) is the day that we will really know."

Backup quarterback Drew Willy performed well against Winnipeg in both of the Riders' last two wins and has been taking a majority of reps in practice all week. Willy said he wants "to be ready from the get-go" if his number is called.

"Anytime you know you have a greater chance of playing you might put a little bit more into (practice)," said Willy.

Follow Jeff Mackey on Twitter @MetroJeffMackey

Darian Durant
THE CANADIAN PRESS

More lineup talk

Ferri has high hopes for 'homecoming'

Former Alouette Diamond Ferri may make his debut with the Green and White against his former team. The veteran linebacker was signed by the Riders back on Aug. 29 but has yet to crack the team's lineup.

"The team is getting me ready; I might be playing," said Ferri. "I'm really looking forward to it. It's a homecoming for me in a way."

In other Riders news, the team has added defensive lineman Matt Singletary to its practice roster. He is the son of NFL coach and former player Mike Singletary.

The Saskatchewan Roughriders' Drew Willy hands off to teammate Kory Sheets during the second half of their CFL game against the Winnipeg Blue Bombers in Winnipeg this past Sunday. The Riders look to keep their winning streak alive in Montreal this weekend. JOHN WOODS/THE CANADIAN PRESS

Lululemon sets up shop

The pop-up store the clothing company opened up in City Square Plaza Thursday could be a sign of more permanent things to come PAGE 3

House in order

Fighter jets, free trade and Liberal leadership, oh my. With the House of Commons resuming business in Ottawa next week, here are five hot-button issues to keep your eye on PAGE 6

One fine pie

These mini chocolate mud pies may taste decadent, but they're surprisingly low in fat PAGE 13

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Game on

Regina football invades Edmonton

Both the Regina Thunder and the University of Regina Rams head to Edmonton for games this weekend.

On Sept. 14, the Rams tangle with the University of Alberta Golden Bears, while the Regina Thunder make the trip to Edmonton for a Sept. 15 game against the Edmonton Huskies in Canadian Junior Football League action.

The Regina Rams play Sept. 14 while the Thunder take the field Sept. 15. Kick-offs are at 7 p.m. **METRO**

Top chefs

Mustard fest on this Sunday

This weekend, Regina finds out if it cuts the mustard.

Top chefs from four corners of Saskatchewan will descend on Regina's Wascana Park Sunday for the Great Saskatchewan Mustard Festival.

The festival goes Sept. 16 from 11 a.m. to 4 p.m. at The Willow on Wascana. **METRO**

Deceased male

Police investigate man's death

Regina Police are investigating the sudden death of a 25-year-old male who was discovered Thursday morning at an apartment in the 1200 block of Retallack Street.

At approximately 9:30 a.m., police responded to a report of a deceased male. Police and EMS found the male and he was confirmed dead.

While family members of the man have been notified, police officials are not releasing his identity at this time. **METRO**

Customers check out Lululemon's pop-up store, Thursday, in City Square Plaza. A spokesperson for the company says it has big plans for Regina.

ROB BROWN/METRO

Lululemon store slated for Regina?

Shop talk. Spokesperson for the clothing store says it has 'big plans' for the city

ROB BROWN
rob.brown@metronews.ca

As clothing company Lululemon sets up temporary shop in downtown Regina for the weekend, many wonder how far off before a retail outlet from the chain arrives in the Queen City.

"That would be great. Just another little sign that Regina is growing up," said Sandra Harrison during her lunch break downtown.

Cara Cameron, area community manager with Lululemon Canada, said the company was in Regina to help celebrate the community and examine the potential of future expansion plans.

"We have heard loud and clear from our guests that they would love to see a store in Regina.

"We have some big plans for the city, so stay tuned," she said Thursday morning.

Lululemon opened up a portable travelling sales outlet, known as a pop-up store, Thursday morning in City Square Plaza. Harrison, like many others, made a noon-hour pilgrimage to the location to check out what was going on.

"The line up was a bit long. I'll have to come back this weekend," she said.

Earlier in the week, the company took heat from organizers of the Farmer's Market, wondering if the yoga-wear retail outlet was a good fit for the downtown square.

Regina resident Jenna Dueck said the pop-up store would attract more people to the downtown park.

"I bet the Farmer's Market has a larger and different clientele this weekend. More shoppers is always a good thing.

"It's not like the Farmer's Market is selling yoga gear," she said.

The Lululemon pop-up store is in Regina's City Square Plaza until Saturday afternoon.

1 NEWS

Mobile news

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Filmmaker identified.
Christian Egyptian made movie that sparked riots

U.S. Federal authorities have identified a Coptic Christian Egyptian in southern California who is on probation after his conviction for financial crimes as the key figure behind the anti-Muslim film that ignited mob violence against U.S. embassies across the Mideast, a U.S. law enforcement official said Thursday.

He said authorities had concluded that Nakoula Basseley Nakoula, 55, was behind Innocence of Muslims, a film that sparked protests this week in Egypt, Libya and Yemen. It was not immediately clear whether Nakoula was part of the broader investigation into the deaths of U.S. Ambassador Chris Stevens and three other Americans in Libya.

The official, who spoke on condition of anonymity, said Nakoula was connected to the persona of Sam Bacile, a man who initially claimed he was the film's writer and director. But Bacile turned out to be a false identity, and the Associated Press traced a cellphone number Bacile used to a southern California house where it located and interviewed Nakoula.

Bacile initially told AP he was Jewish and Israeli, although Israeli officials said they had no records of a citizen with that identity.

THE ASSOCIATED PRESS

A Libyan man holds a placard in English after a violent demonstration against the U.S. consulate in Benghazi. IBRAHIM ALAGURI/THE ASSOCIATED PRESS

Twitter fight. Tweets from U.S. and Egypt get snarky after violence

The snark is flying between the U.S. Embassy in Cairo and the Muslim Brotherhood in a Twitter spat in the wake of an assault on the mission by protesters in the Egyptian capital.

The embassy's tweets implied that the Brotherhood, whose longtime member Mohammed Morsi is Egypt's new president, has been sending mixed messages, fuelling public anger.

It started when Ikhwanweb, the Twitter page of the Muslim Brotherhood, retweeted a message in English from the group's deputy head, Khairat el-Shater.

"We r relieved none of (at) USEmbassyCairo staff were harmed & hope US-Eg relations will sustain turbulence of Tuesday's events."

"Thanks," the embassy replied. "By the way, have you checked out your own Arabic feeds? I hope you know we read those too."

"We understand you're under a lot of stress," came the Ikhwanweb retort, "but still it will be more helpful if you point out exactly the Arabic feed of concern."

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Yemeni protestors break a door of the U.S. Embassy in Sanaa, Yemen, during a protest Thursday over the film Prophet. HANI MOHAMMED/THE ASSOCIATED PRESS

Prophet protests target embassies

Controversial film. Perceived ridicule of Muhammad inflames Islamists' tempers, anti-American and anti-Israeli violence

Chanting "death to America" and "death to Israel," hundreds of protesters angered by an anti-Islam film stormed the U.S. Embassy compound in Yemen's capital and burned the American flag on Thursday, the latest in a series of attacks on American diplomatic missions in the Middle East.

The string of assaults this week, in Yemen, Egypt and the storming of a U.S. consulate in Libya that killed four Americans, point to an increased boldness among Islamists who have become more powerful since last year's wave of revolts toppled authoritarian leaders.

The anger over the movie denigrating Islam's Prophet Muhammad has also put the region's new leaders — some of whom are themselves Islamists — in a difficult corner, between a base demanding a free hand to respond to the insult and U.S. pressure to crack down. In the past, protests have broken out over perceived insults to Islam from the West, but in Arab countries they never escalated to the degree of breaching embassies, suggesting now hard-liners feel they can act with impunity.

Yemen's president, Abed Rabbo Mansour Hadi, quickly apologized to the U.S. for the embassy attack and vowed to track down the culprits, just as Libya's president did.

THE ASSOCIATED PRESS

Ottawa's response

Canada shut its embassy in Cairo for the day out of worries about security.

- A Foreign Affairs spokeswoman says the embassy is a close neighbour of the American mission, which has been the focus of angry protests.
- Canada shut down the embassy for the day out of concern for the safety of staff, she says.

Legendary Alberta premier dead at 84

Peter Lougheed, the man with a bulldog chin and crooked grin who transformed Alberta into a modern petro-powered giant and an equal player in Confederation, has died.

Prime Minister Stephen Harper's office confirmed the 84-year-old former premier's death Thursday.

"On behalf of all Canadians, Laureen and I offer our deepest sympathies to the family and friends of Peter Lougheed," Harper said in a statement.

"Today Canada lost a truly great man. Peter Lougheed was quite simply one of the most remarkable Canadians of his generation."

The Calgary-born lawyer and Alberta premier from 1971 to 1985 leaves behind a profound record of achievement and influence on public policy.

He took the reins of the fledgling Progressive Conservatives in 1965 and within six years had built a party that turfed a decades-old Social Credit dynasty and launched one of his own that continues to this day.

As oil prices shot up in the 1970s, Lougheed became a provincial folk hero and a nationally recognized figure for his epic battles with Ottawa over control of Alberta's oil.

He kick-started petroleum diversification by nurturing oilsands development which now sprawls throughout northern Alberta, has brought the province billions of dollars.

He fostered arts, culture and tourism and took the legislature into the modern age of communication.

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Parliament returns for fall sitting

The House of Commons resumes its business in Ottawa on Monday. Here's what you need to know heading in.

ALEX BOUTILIER
Metro in Ottawa

Nathan Cullen — NDP

NDP House Leader Nathan Cullen said his party is focused on opposing the Conservative government while giving Canadians a sense of the NDP's priorities.

"We're starting to turn the corner point for the next general election ... so we're putting a number of things on the window so Canadians can understand what a New Democratic government would look like around things like health care, employment insurance, our energy plan for the future — some conversations that haven't gotten any real attention from this government. It's that mix, right? Of course you're opposing when you see bad things, but you also have to be constantly proposing."

Marc Garneau — Liberals

For Liberal House Leader Marc Garneau, the fall will be focused on what he calls "Part 2" of Bill C-38 — the omnibus budget implementation bill that featured everything from changes to environmental regulations to modifying the Old Age Security program.

"There are still things that they announced in their budget back in the spring, that [Finance Minister Jim] Flaherty announced, that have not been put in a budget implementation bill ... and of course we'll be watching very closely to see if this will be yet another kitchen sink bill or if the government will take a more reasoned approach and not do an unreasonable omnibus bill that has all sorts of things in it that

Peter Van Loan — Conservatives

Unsurprisingly, jobs and the economy appear to be top of mind for Conservative House Leader Peter Van Loan, whose party will bring in another omnibus budget bill this fall.

"Our top priority is the economy, job creation and economic growth. That has been the case and it will continue in the fall. That means the cornerstone in legislation will be the budget implementation act, which will put into law the elements of the budget from the spring that we haven't passed yet ... Everything in it will be something coming out of the budget, and that's what budget implementation bills are. It depends on what your definition of omnibus is ... but it will be a large, comprehensive bill."

Budget. Another omnibus bill fight looming

Ottawa is gearing up for the second round of implementing Finance Minister Jim Flaherty's 2012-2013 budget.

And early indications are this budget implementation bill could be every bit as contentious as Bill C-38 was in the spring.

Conservative House Leader Peter Van Loan said the next budget implementation bill — the legislation that enacts measures included in the budget — will be very large and "comprehensive."

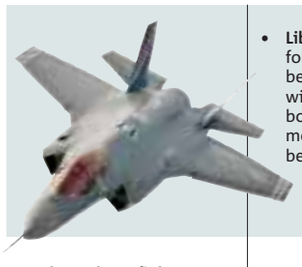
It was the inclusive nature of the previous budget implementation bill, Bill C-38, that provoked a 22-hour debate in the House of Commons. The sprawling 425-page bill included a myriad of changes — from EI reform to changing the environmental assessment process to changing the age of eligibility for Old Age Security from 65 to 67.

Opposition critics argued those significant changes had no place in the budget bill and should have been broken out and debated individually. Ultimately, those complaints fell on deaf ears, and Bill C-38 passed through the House of Commons.

With a second omnibus budget bill, the Conservatives would be sending the signal that this is the way things work under their majority mandate.

WITH FILES FROM THE CANADIAN PRESS

Five storylines to watch in the coming months



- **About those fighter jets...** The debate over the decision to buy F-35 joint strike fighters is set to resume in the fall semester.
- The F-35 became a political quagmire for the Conservatives earlier this year, after a pair of damning reports from the Parliamentary Budget Officer and the Auditor General.
- Both contend the government drastically underestimated the cost of the multibillion-dollar procurement, which the government denies.
- Public Works took over the F-35 file and formed a secretariat to govern the acquisition of the next generation fighters.

- **Liberal leadership.** The race for the Liberal leadership begins in earnest this fall, with the party's national board beginning the five-month campaign in November.
- A number of names are being tossed around already, but Montreal MPs Justin Trudeau and Marc Garneau have garnered the most attention so far.
- Declared contenders include Deborah Coyne, a constitutional lawyer in Toronto, Jonathan Mousley, a government economist, and Shane Geschiere, a paramedic from Manitoba.
- The leadership will be decided at the party's convention on April 14, 2013.

- **Thomas Mulcair — and the NDP's — performance.** This fall will be the first full sitting for Thomas Mulcair's NDP after he was picked as leader at the party's convention in Toronto last March.
- At times during the spring, the Official Opposition was overshadowed by the third-place Liberals and their veteran interim leader, Bob Rae.
- But with the leadership race behind them and critic roles decided, more will be made of the NDP's performance in the House of Commons this fall.
- The party also intends to bring forward legislation on issues including health care, EI and energy.

- **Natural resources and foreign ownership.** Ottawa is currently reviewing China National Offshore Oil Co.'s (CNOOC) $15.1-billion bid for Calgary-based Nexen Inc.
- Some have raised concerns about the CNOOC purchase, arguing state-owned enterprises have an advantage over private companies.
- Prime Minister Stephen Harper has said the deal must be evaluated on whether it has a net benefit to Canada.

- The government has denied two foreign takeover bids under Harper. The Nexen decision is expected later this fall.

- **Free trade agreements for everybody!** Canada is currently in free trade agreement negotiations with a number of countries, as well as the European Union.
- Conservative House Leader Peter Van Loan said, in addition to a free trade bill with Panama, currently before the house, we might see other agreements this fall.
- When asked in July about the status of the Canada-EU free trade agreement, Harper said talks were proceeding "in a positive way."
- Canada is also participating in U.S.-backed talks for a "Trans-Pacific Partnership," a proposed free-trade block involving more than 10 countries.

Currency. Mint drops royalty for folk musician's penny-inspired album

The Royal Canadian Mint has backed down in a dispute with a Nova Scotia folk singer over his upcoming album's depiction of the penny.

The mint had told Dave Gunning he faced a royalty of $1,200 if he produced in excess of 2,000 albums because they contained images of the copper-plated coin.

But Christine Aquino, a spokeswoman for the mint, said Thursday it no longer plans to charge him that fee.

Gunning could not be reached for comment Thursday, but said in a statement he was pleased the mint stopped penny pinching.

"They were just trying to do their jobs and my case was an odd one that fell between the cracks," said Gunning, who previously said the whole fuss was embarrassing for Canada. THE CANADIAN PRESS

No More Pennies

Gunning, a Pictou native who's won multiple awards on the East Coast music scene, said his album, titled No More Pennies, is meant as a tribute to the ubiquitous one cent piece, which the mint stopped producing in May though it remains legal tender.

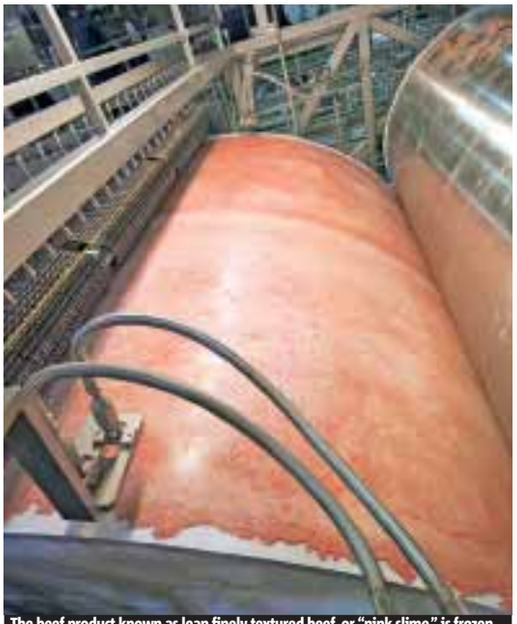
Parasite

Scientists tracking spread of tapeworm

Animal health researchers are watching what appears to be mounting evidence of the spread of a potentially dangerous parasite in coyotes, foxes and other animals in Canada.

That's a concern, they suggest, because the parasite, a tapeworm, can on occasion spill over from its wild animal hosts to infect dogs and humans. And while people aren't the tapeworm's preferred hosts, a growing number of human cases are being seen in Europe and parts of the world where the parasite is more established. THE CANADIAN PRESS

ABC News sued over reports of 'pink slime' meat product



The beef product known as lean finely textured beef, or "pink slime," is frozen on a large drum as part of its manufacturing process at the Beef Products Inc.'s plant in South Sioux City, Neb. Beef Products Inc. filed a defamation lawsuit against ABC News on Thursday, alleging that the network misled consumers to believe the product is unhealthy and unsafe. NATI HARNIK/THE ASSOCIATED PRESS

Beef Products Inc.

Meat processor seeking $1.2B US in damages for 'misleading and defamatory' statements

Beef Products Inc. sued ABC News Inc. for defamation Thursday over its coverage of a meat product that critics dub "pink slime," claiming the network damaged the company by misleading consumers into believing it is unhealthy and unsafe.

The Dakota Dunes, S.D.-based meat processor, is seeking $1.2 billion US in damages for roughly 200 "false and misleading and defamatory" statements about the product officially known as lean, finely textured beef, said Dan Webb, BPI's Chicago-based attorney.

The lawsuit filed in a South Dakota state court also names several individuals as defendants, including ABC news anchor Diane Sawyer and the Department of Agriculture microbiologist who coined the term "pink slime."

ABC News, owned by The Walt Disney Co., denied BPI's claims.

"The lawsuit is without merit," Jeffrey W. Schneider, the news station's senior vice-president, said in a brief statement Thursday. "We will contest it vigorously."

Craig Letch, BPI's director of food-quality assurance, said the company lost 80 per cent of its business in 28 days. BPI has declined to discuss how much it lost in sales, but acknowledged it took a "substantial" hit. THE ASSOCIATED PRESS

Malice?

BPI will have to prove the network intended to cause harm, said Patrick Garry, a media law expert at the University of South Dakota School of Law.

- "The media — regardless of your opinion of them — don't usually print something that they know to be false," Garry said. "It may be negligent, but usually there's a malice requirement as well."

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Market Minute

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Natural gas: $3.037 US (-2.6¢)
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New Wii U GamePad unveiled

Nintendo's Bill Trinen demonstrates the Wii U GamePad, Thursday, in New York. The gaming console will start at $300 and will go on sale in the U.S. on Nov. 18, just in time for the holidays.

MARK LENNIHAN/THE ASSOCIATED PRESS

Hacking that starts before the bubble wrap comes off

Built-in viruses.
Highly-contagious bug connects users to a network of computers as it boots up

Quoted

"They're really changing the ways they try to attack you."

Richard Boskovich, former federal prosecutor and senior attorney in Microsoft's digital crimes unit

A customer in Shenzhen, China, took a brand new laptop out of its box and booted it up for the first time. But as the screen lit up, the computer began taking on a life of its own. The machine, triggered by a virus hidden in its hard drive, began searching across the Internet for another computer.

The laptop, supposedly in pristine, super-fast, direct-from-the-factory condition, had instantly become part of an illegal, global network capable of attacking websites, looting bank accounts and stealing personal data.

For years, online investigators have warned consumers about the dangers of opening or downloading files emailed to them from unknown or suspicious sources. Now, they say malicious software and computer code could be lurking on computers before the bubble wrap even comes off.

The shopper in this case was part of a team of Microsoft researchers in China investigating the sale of counterfeit software. They suddenly had been introduced to a malware called Nitol. The incident was revealed in court documents unsealed Thursday in a federal court in Virginia. The records describe a new front in a legal campaign against cybercrime being waged by the maker of the Windows operating system, which is the biggest target for viruses.

The documents are part of a computer fraud lawsuit filed by Microsoft against a web domain registered to a Chinese businessman named Peng Yong. The company says it is a major hub for illicit Internet activity. The domain is home base for Nitol and more than 500 other types of malware, making it the largest single repository of infected software that Microsoft officials have ever encountered.

Peng, the owner of an Internet services firm, said he was not aware of the Microsoft lawsuit but he denied the allegations and said his company does not tolerate improper conduct on the domain, 3322.org.

Distance doesn't equal safety. Nitol, for example, is an aggressive virus found on computers in China, the United States, Russia, Australia and Germany. Microsoft has even identified servers in the Cayman Islands controlling Nitol-infected machines. All these compromised computers become part of a botnet — a collection of compromised computers — one of the most invasive and persistent forms of cybercrime.

Nitol, meanwhile, appears poised to strike. Infection rates have peaked, according to Patrick Stratton, a senior manager in Microsoft's digital crimes unit who filed a document in the court case explaining Nitol and its connection to the 3322.org domain.

For Microsoft, pursuing cybercriminals is a smart business. Victims of malware are likely to believe their problems stem from Windows instead of a virus they are unaware of, and that damages the company's brand and reputation.

THE ASSOCIATED PRESS

Court records

What emerges most vividly from the court records is a disturbing picture of how vulnerable Internet users have become, in part because of weaknesses in computer supply chains.

- Less reputable computer manufacturers and retailers may use counterfeit copies of popular software products to build machines more cheaply.

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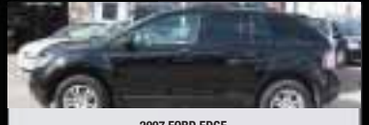

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1 Tieless TIFF. Amidst all the glamour at the Toronto International Film Festival, a men's fashion trend emerged: Actors going tieless. The likes of Bruce Willis, Ben Affleck, Ryan Gosling and Bradley Cooper all went sans tie, prompting Toronto Life's blog to ask of the "tieless brigade" at TIFF, "Come on guys, would it kill you to dress up a little?" I say bring the dapper without the tie!

2 SNL is back. The iconic sketch comedy show Saturday Night Live begins its 38th season Saturday with three new cast members, and Family Guy creator Seth MacFarlane as host of the premiere episode. Even better, in its second episode, Mumford & Sons will perform — their sophomore album, Babel, is being released on Sept. 25. Must watch TV.

3 Elton John drama. With nearly 5,000 fans seated for Sir Elton's show Saturday night at the Memorial Centre in Peterborough, Ont., the lights came on shortly after 8 p.m. and the show abruptly cancelled due to Elton having lost his voice. I was there with my wife on a date night gone bad, quick. Luckily he's doing a make-up show next Wednesday. Except I have a soccer banquet that night. Elton, can you crash it?

4 Obama bear hug. The Secret Service didn't seem to mind when muscular six-foot-three Florida pizza restaurant owner Scott Van Duzer picked up the president and gave him a huge bear hug, with Obama laughing away, in a photo gone viral. Maybe that's because he's a registered Republican who voted for Obama in 2008, and plans to do so again on Nov. 6. In any case, bear hugs are the new fist pumps.

5 Andy Murray ace. Britain's post-Olympics euphoria continued this week after Murray won his first grand slam title, defeating Novak Djokovic in the US Open final 7-6, 7-5, 2-6, 3-6, 6-2. Murray is the first British male grand slam champion in 76 years. Now comes a wave of global sponsors — and likely tea with Will and Kate. Andy, I will be your ball boy if you bring me along.

6 Beautiful babies. Vancouver-bred Ryan Reynolds tied the knot with Gossip Girl star Blake Lively after a year of dating in Mt. Pleasant, S.C., near Charleston. These two gorgeous lovebirds will make beautiful kids together. Heck, Blake recently revealed to Allure magazine she wants 30 children if she could! J.Crew catalogue, you've found your models for many years to come.

7 NBC's 9-11 gaffe. There was a moment of silence observed at 8:46 a.m. in New York City and the White House Tuesday to remember when the first plane hit the World Trade Center on Sept. 11, 2001. CNN, ABC and CBS all carried it, but NBC's Today show chose instead to air an interview with Keeping Up With the Kardashians star Kris Jenner. Boneheaded.

8 Manning up. Peyton Manning's comeback from a neck injury began with his new team the Denver Broncos Sunday, and the future Hall of Famer looked like a stud, leading the Broncos to a win over the Pittsburgh Steelers. The Hall of Fame QB who signed him, Broncos executive John Elway, is smitten. Ex-Broncos QB Tim Tebow — and his 'Tebowing' — are already long forgotten.

9 Farm aid Ottawa. Jason Blaine, Canadian Country Music Award winner for single of the year at Sunday's Canadian Country Music Association awards, will be among those appearing at Ottawa's Farm Aid concert this Sunday. This country music benefit at Ottawa Stadium will aid area farmers hit hard by this summer's drought. Great cause, special weekend.

10 Kelly Oxford, LOL. If you're looking for a hilarious tweeter to follow, make it @kellyoxford. This mom/writer tweets comic gems like "I wish my kid would just pee in the pool;" "Sometimes the only thing that stops me from buying a pair of shoes is imagining Jessica Simpson buying them;" and "Sometimes I watch 'Intervention' just to see my husband cry."

11 Rick Mercer, booked. Canada's brilliant satirist has a new book coming out next week, Rick Mercer: A Nation Worth Ranting About, a new collection of rants from his hit CBC show Rick Mercer Report — plus three previously unpublished pieces. There's no one in Canada better at calling BS than Mercer. Other than my wife whenever I tell her I'm funny.

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Oh no, not the tongue!

MICHELLE CURLEY/CINCINNATI ZOO

Animal union

Cheetah and dog's unlikely friendship

Anybody who reckons cats and dogs are natural enemies should think twice after spotting Cincinnati Zoo's latest adorable couple.

Max, a 13-week-old Labrador, is pictured giving Savannah the cheetah cub a wet kiss. The pair are part of the zoo's program which sees all their cheetahs have dog companions. **METRO**

What usually happens

"Cheetahs, being skittish animals, will do as they typically do and hunt the farmers' livestock (in their native Africa). But, when they hear the dog barking they will run away, which saves the farmer from having to shoot the cheetah."

Tiffany Barnes from Cincinnati Zoo explains the idea behind the program

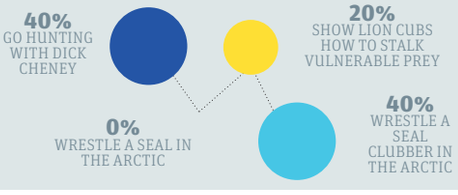
Oddest animal couples

- **Snake and rodent.** Zookeepers at Tokyo's Mutsugoro Okoku zoo were startled when their resident rat snake refused to eat a dwarf hamster, and instead forged an unlikely friendship in a glass box home. The zoo's explanation was that snake Aochan had a taste for frozen rodents, so wasn't keen on downing Gohan.
- **Kangaroo and wombat.** Baby kangaroo Anzac and baby wombat Peggy developed a union after the pair, both orphans, shared a pouch at Wildlife Kilmore Rescue Centre near Melbourne, Australia. But reports say the marsupials enjoyed each other's company because they have similar movements and heartbeats.
- **Cat and squirrel.** Domestic cat Tito from Envigado, Colombia, seemed to have adopted baby squirrel Firulais by breast-feeding and caring for the creature. The cat's owner brought Firulais home after finding it alone and wounded on a tree branch.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

After hang gliding to help cranes migrate, what stunt should Russian President Vladimir Putin take on next?



Twitter

@Cadychoas: Today we're younger than we're ever gonna be #whatsthehurry #regina

@daneimrie: Regina, Saskatchewan: where white women buy pants out of a shipping container downtown and nobody asks any questions #YQR

@LiseMerle: If you aren't following @KeithDAndrade, you're missing out on one of the most interesting/funny/inexplicable characters in Canada. DO. IT.

@Tielerjay: #YQR what is the best wing night specials on Wednesdays?

@SaskSneeze: picked up @cityslickermag this morning at the coffee shop... great local magazine BTW #YQR

metro

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SCENE 2

Seven Psychopaths promises to be plenty of fun. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Goodbye summer, hello Oscar season

Fall fare. The Reel Guys talk about their picks for school season — from critical darlings to plain old trashy fun

Richard: Mark, the fall season brings with it the usual number of Oscar bait movies, but one that I am excited to see probably won't win any gold unless they give it an award for kicking butt. The Man with the Iron Fists is a homage to the kung fu movies I grew up with, and how can I not be intrigued by the cast which includes Lucy Liu, Russell Crowe and Wu-Tang Clan member RZA! What's grabbed your eye?

Mark: The Master, starring Phillip Seymour Hoffman as an L.Ron Hubbard-type leader of a cult much like Scientology. Probably no kung fu in it, but expect a lot of verbal sparring between Hoffman and his prize acolyte played by Joaquin Phoenix. And talk about eye candy, the previews for The Life of Pi, a book I could never get around to reading, look ravishing.

RC: The Life of Pi offers up beautiful looking images, but for me the movie most likely to make my eyeballs dance this fall is Frankenweenie. Tim Burton uses black-and-white stop motion to bring a story about a boy and his dead dog to vivid life. Can't wait. Also looking forward to Seven Psychopaths because any movie that stars both Christopher Walken and Tom Waits has to be all kinds of awesome.

MB: I'm with you on the Psychopaths, Richard. I loved director Martin McDonagh's last film, In Bruges, and the twisted showbiz plot of this one appeals to me. I could pretend I'm waiting anxiously for Spielberg's Lincoln biopic, or whatever kind of incomprehensibility Terrence Malick's new masterpiece may bring, but who am I kidding? What I'm really excited about is Taken 2. Liam Neeson kicking Central European butt! I hope it's exactly like the first one. In fact, I hope the dialogue is exactly the same, so I can mouth the words along with the actors onscreen.

RC: Not sure how those sitting around you would feel about that, but I hear you. The first Taken was great, trashy fun. I hope for more from the second one. I'm also hoping for slightly more elegant but still down-and-dirty action from Skyfall, the new James Bond flick. The coolest move in any trailer this year is Daniel Craig jumping from a speeding freight train to a dock, and then pausing, ever so slightly, to adjust his cufflinks before going on to cause more mayhem. It's suave, sexy and silly, everything I expect from 007.

MB: No one loves Bond movies more than me, but would it kill Daniel Craig to smile once in a while? He's Bond ... Grim Bond.

Synopsis

Their white pants, sandals and pool wear have all been packed away as the Reel Guys prepare for the cooler weather and Oscar and film festival season. As they unpack their sweaters, jackets and scarves they look ahead to the films they're excited to see as the leaves turn.

On the web

Qriket

Star Trek actor George Takei unveils a musical inspired by time in a Japanese internment camp.

Three reasons to see Finding Nemo ... in 3D

Today, Disney once more digs into their vaults and pulls out a classic, rendering it in 3D — the 1999 Oscar-winning film Finding Nemo. Here's three highlights of Finding Nemo that have my two lads excited.

CHRIS ALEXANDER
scene@metronews.ca

The opening barracuda attack, tragic as it is, never fails to grip the lads. With fertile eggs and toothy fish flying off the screen, it might skirt traumatic (Nemo's mom meets her end here after all) but will no doubt be thrilling in 3D.

Similarly, when poor father Marlin and his pal Dory meet the hulking Bruce the Shark, a great white on a fish free diet, the scent of blood in the water makes the pseudo-noble shark snap and he goes ballistic trying to eat our heroes. I imagine much popcorn will be spilled as the boys try to dodge those 3D "jaws".

Finding Nemo is one funny flick. Case in point: The fab sequence in which Nemo's captor, a dentist, sticks him in an office tank filled with other assorted pretty fish and they all act as a Greek chorus while said dentist drills his patients into spitting, screaming fits.

Briefs

Michael Madsen in drunk driving investigation

Actor Michael Madsen was released from a hospital after being arrested for investigation of drunken driving on Pacific Coast Highway in Malibu, his attorney said Thursday.

Madsen, 54, best known for the Quentin Tarantino movies Reservoir Dogs and Kill Bill, had complained of an undisclosed medical problem following his arrest Wednesday and has since been released, said lawyer Perry Wander.

Madsen was arrested after driving erratically in a red Pontiac GTO. In a preliminary test, he had a blood alcohol level of 0.21, more than twice the legal limit of 0.08, said Steve Whitmore, a spokesman for the Los Angeles County Sheriff's Department.

Wander said Madsen had been taking prescription drugs that could have resulted in a faulty sobriety test.

THE ASSOCIATED PRESS

Director hopes award will open theatre doors

A South Korean director who won the Golden Lion award for best movie at this year's Venice Film Festival says he hopes the prize will encourage theatre owners who have previously shunned his works to screen them more often.

Kim Ki-duk said this week the award for Pieta is important because it will help persuade large corporate theatre operators in South Korea to screen independent movies like his.

The 51-year-old director with no formal film training says he considered leaving South Korea for countries that welcome his work.

Kim's previous 17 movies won little commercial success at home but caused a stir with their explicit violence.

Pieta is a drama about a brutal debt collector whose life takes a turn when a strange woman shows up claiming to be his mother.

THE ASSOCIATED PRESS

Horror

Resident Evil: Retribution

Director. Paul W.S. Anderson

Stars. Milla Jovovich, Michelle Rodriguez

While he is inarguably an ace stylist and orchestrator of action, director Paul Anderson isn't much of a writer. It's this latter factor that causes many a critic to dismiss his ongoing Resident Evil films as dross. But taken as visceral thrill rides they're rather brilliant. This fifth entry is a mind bending sensorial rush, with meticulous 3D photography, non-stop action and yet another astonishing physical performance from Anderson's wife, actress Milla Jovovich. The film is structured like the video games it was based on so forget the plot and don't go searching for Shakespearean exchanges of dialogue.

CHRIS ALEXANDER

THESE PAGES COVER MOVIE START TIMES FROM FRI., SEPT.14 TO THURS., SEPT. 20. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Southland Mall
3025 Gordon Rd., 306-585-7442

The Bourne Legacy (PG) Fri 7:15-10:15 Sat-Sun 1:20-4:15-7:15-10:15 Mon-Thu 5:20-8:30
The Campaign (14A) Fri 7:05-9:35 Sat-Sun 2:15-4:45-7:05-9:35 Mon-Thu 5:50-7:50
The Dark Knight Rises (PG) Fri-Sun 9 Mon-Thu 7:45
Diary of a Wimpy Kid: Dog Days (G) Fri 9:20 Sat-Sun 4:40-9:20 Mon-Wed 8:05
The Expendables 2 (14A) Fri 7:30-10:05 Sat-Sun 2-5-7:30-10:05 Mon-Thu 6:05-8:45
Finding Nemo 3D (G) No Passes Fri 6:55-9:30 No Passes Sat-Sun 1:40-4:20-6:55-9:30 No Passes Mon-Thu 5:25-8
Hit & Run (14A) Fri-Sun 7:45-10:10 Mon-Thu 8:20
Ice Age: Continental Drift (G) Fri 6:50 Sat-Sun 1:55-6:50 Mon-Thu 5:35
The Odd Life of Timothy Green (G) Sat-Sun 1:30-4:35 Mon-Thu 5:40 Star & Strollers Screening Wed 1
ParaNorman (PG) Fri 6:35 Sat-Sun 2:10-4:30-6:35 Mon-Thu 5:25
The Possession (14A) Fri 7:25-9:50 Sat-Sun 1:50-4:50-7:25-9:50 Mon-Thu 5:55-8:35
Queen - Hungarian Rhapsody: Live in Budapest '86 (G) Thu 7:30
Resident Evil: Retribution 3D (14A) No Passes Fri 7:40-10 No Passes Sat-Sun 2:30-5:05-7:40-10 No Passes Mon-Thu 5:45-8:15
The Words (PG) Fri 6:30-9:40 Sat-Sun 1:45-4-6:30-9:40 Mon-Thu 6:10-8:50 Star & Strollers Screening Wed 1

Galaxy Cinemas Normanview S.C. 420 McCarthy Blvd. N. Unit 26, 306-522-9098

The Bourne Legacy (PG) Fri 4-7-10 Sat 12:55-4-7-10 Sun 4-7-10 Mon-Thu 7-10
The Campaign (14A) Fri 6-8:15-10:20 Sat-Sun 1:35-3:50-6-8:15-10:20 Mon-Thu 8:05-10:15
The Dark Knight Rises (PG) Fri 6:25-10 Sat 11:15-2:45-6:25-10 Sun 2:45-6:25-10 Mon-Thu 8:15
The Expendables 2 (14A) Fri 5:10-7:40-10:15 Sat 12:15-2:40-5:10-7:40-10:15 Sun 1:30-3:10-7:15-10:15 Mon-Thu 7:30-10
Finding Nemo 3D (G) No Passes Fri 5:15-7:50-10:25 No Passes Sat-Sun 12:10-2:40-5:15-7:50-10:25 No Passes Mon-Thu 7:20-9:55
Hope Springs (PG) Fri 4:45-7:20-9:50 Sat 11:40-2:05-4:45-7:20-9:50 Sun 2:05-4:45-9:50 Mon-Thu 7:05-9:35
Lawless (14A) Fri 4:40-7:25-10:10 Sat 11:10-1:55-4:40-7:25-10:10 Sun 1:55-4:40-7:25-10:10 Mon-Thu 7:25-10:10
ParaNorman (PG) Sat 11:50-2:15 Sun 2:15
ParaNorman 3D (STC) Fri-Sun 4:35-7:10 Mon-Thu 7:10
Premium Rush (14A) Fri 5:30-7:45-10:05 Sat 1-3:15-5:30-7:45-10:05 Sun 12:55-3:15-5:30-7:45-10:05 Mon-Tue 7:45-10:05 Wed 10:05 Thu 7:45-10:05
Resident Evil: Retribution 3D (14A) No Passes Fri 5:35-8-10:30 No Passes Sat-Sun 12:45-3:10-5:35-8-10:30 No Passes Mon-Thu 7:50-10:15
Sunset Boulevard (STC) Sun 12:45 Wed 7
Ted (14A) Fri-Thu 9:40
Thomas and the Magic Railroad (G) Sat 11
WWE Night Of Champions - 2012 (STC) Sun 6

The Words. HANDOUT

Kramer IMAX Theatre 2903 Powerhouse Dr., 306-522-4629

The Dark Knight Rises: The IMAX Experience (PG) Fri 7:15 Sat-Sun 12:30-7:15

No Films Showing Today (STC) Mon
To the Arctic (G) Fri 12:30-3-6 Sat-Sun 3-6 Tue-Thu 12:30-3-6
Tornado Alley 3D (STC) Fri 1:45-4:15 Sat-Sun 4:45 Tue-Thu 1:45-4:15-7:15

Paradise Cinema
1011 N. Devonshire Dr., 306-522-7888

Ice Age: Continental Drift (G) Sat-Sun 1:20-4
Magic Mike (14A) Fri-Thu 6:50-9:30
Total Recall (PG) Fri 7-9:25 Sat-Sun 1:30-3:50-7-9:25 Mon-Thu 7-9:25

Golden Mile 3806 Albert St., 306-359-5250

The Amazing Spider-Man (PG) Fri-Thu 1:10-3:45-6:35-9:25
The Best Exotic Marigold Hotel (G) Fri-Thu 1:20-3:45-6:40-9:30
Madagascar 3: Europe's Most Wanted (G) Fri-Thu 1:30-3:50-6:45-9:40
Marvel's the Avengers (PG) Fri-Thu 2-7:20
Men in Black 3 (PG) Fri-Thu 1:35-4-6:55-9:45
Savages (18A) Fri-Thu 1:10-3:50-6:30-9:20
Total Recall (PG) Fri-Thu 1:25-3:55-6:50-9:35
The Watch (18A) Fri-Wed 1:40-4-7-9:55 Thu 4-7-9:55 Thu 1

Regina Public Library Film Theatre 23 11 12th Ave., 306-777-6104
360 (14A) Thu 9

Compliance (14A) Fri 9 Sat 7 Sun 9
The Intouchables (PG) Thu 7
No Films Showing Today (STC) Mon-Tue
To Rome With Love (PG) Fri 7 Sat 9 Sun 7
Wednesday Plus (STC) Wed 7

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Bite into the lighter side of chocolate decadence

Mini Chocolate Mud Pies. These sweet treats, which are sure to impress guests, look and taste rich but are actually low in fat

ROSE REISMAN
for more, visit
rosereisman.com

These Miniature Chocolate Mud Pies are so dense that they will instantly transport you into chocolate heaven.

You (not to mention your guests) will never believe they are low in fat. The total amount of fat per serving is only 5.8 grams, while calorie count sits at 220 calories per serving.

Drizzle them with melted chocolate for an extra special touch.

This recipe makes 12 mini Mud Pies. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

Ingredients

Start to finish: 27 minutes

- 1 cup chocolate wafer crumbs
- 1 tbsp water
- 2 tsp vegetable oil
- 2 tbsp semisweet chocolate chips
- 2 tbsp hot water
- 1 tsp instant coffee
- 1 cup packed brown sugar
- 1/2 cup cocoa powder
- 2 tbsp all-purpose flour
- 1/4 cup + 1 tbsp light cream cheese (about 2.5 oz), softened
- 2 large eggs
- 1/4 cup low-fat sour cream
- 3 tbsp corn syrup
- 1 tsp vanilla extract
- icing sugar (to decorate)

1. Preheat the oven to 350 F. Lightly coat a 12-cup muffin tin with cooking spray.

2. In a small bowl, combine the crumbs, 1 tbsp water and oil until mixed. Divide and pat into the bottom of the muffin tins.

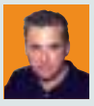
3. In a small bowl, combine the chocolate chips, 2 tbsp hot water and coffee. Microwave for 40 seconds on High or just until the chocolate begins to melt. Stir until smooth.

4. In the bowl of a food processor, add the sugar, cocoa powder, flour, cream cheese, eggs, sour cream, corn syrup and vanilla. Purée until smooth. Add the chocolate mixture and purée until smooth.

5. Divide among the muffin cups and bake for 12 to 14 minutes or just until the centers are still slightly loose. Cool and chill at least 2 hours before serving. Carefully remove from the tin with a knife. Decorate with icing sugar. ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

Liquid Assets

A berry good mate for chocolate



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

Though a diehard foodie at heart, I've never been that big on desserts.

It's not that I don't take a bite of workplace birthday cake now and then or dip a spoon into someone else's indulgence to experience the decadence — I just prefer to find my extra calories in a glass.

Never a true friend of white or red, chocolate's bitterness has made it a bit of a wine world pariah.

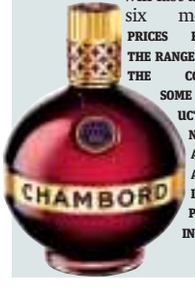
Sure, fortified port wines are a classic match, but that's about it, my friends.

Those of you old enough to remember the delicious addictive qualities in Hershey's Cherry Blossom (a cherry soaked in cherry juice wrapped in mocha) will attest that chocolate and ripe berry fruit taste insanely appealing together.

So for once, forget wine, — especially with anything called a Mud Pie.

Instead, reach for a berry-based liqueur. France's Chambord ($38.99 - $45.99) — a 17th century wonder named after the Loire Valley castle of the same name — is made with a mix of cognac and red and black raspberries that's the ideal mate for anything chocolaty.

Refrigerate it and a bottle will last at least six months.



PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

Read metro your money every Tuesday for financial tips, trends and advice.

Only in Metro.
News worth sharing.

NEED A RIDE?
Read metro drive every Wednesday.

Whole egg plant cooked in a clay oven and minced with traditional spices!

Bombay Halal Restaurant opened its doors in Regina on July 6th 2012. Located at 2143 Albert Street, on the edge of the downtown business area, Bombay offers East Indian cuisine with a traditional flair.

BOMBAY
2143 Albert St. 306.205.4940
www.bombayrestaurant.ca

LIFE

On the web

Qriket

Scan this code or visit metronews.ca/food for a seasonal tour of pie baking with tips for baking from scratch

SPORTS 4

Former Regina Pats forward Jordan Weal and Saskatoon Blades goalie Andrey Makarov watch the puck in a Dec. 10 game last season. STEVE HISCOCK/CONTRIBUTED

Pats, Blades get last chance to assess rosters

WHL. Both teams will play younger rosters in this weekend's home-and-home

MORGAN MODJESKI
morgan.modjeski@metronews.ca

The Saskatoon Blades and the Regina Pats will be making some tough decisions after this weekend's exhibition series.

Both teams will be dressing and assessing their younger players.

Saskatoon Blades head coach, Lorne Molleken says he'll be using Friday's game in Regina to try out some of his rookies.

"Our plan is to give some of our younger guys an opportunity to get in the game in Regina and be a little closer to our starting lineup in the second game here back at home," said Molleken. "It's still an evaluation period for the coaching staff and that will be our main focus."

Having played two exhibition games already, Molloken said they've already made some roster changes and he expects more changes will come after Saturday's game.

Head coach of the Regina Pats, Pat Conacher, echoed Molleken saying he too will be working the team's younger crop.

"Training camp is still on and it's still an audition," said Conacher. "We have a number of decisions to be made, so of course we'll be going with a young lineup."

He explained this is a chance for the Pats' younger players to impress the coaching staff and find their niche on the team.

"Its up to them to go out and show us what they are as players," said Conacher. "You just put them in the situations and see how they react."

Friday's game is in Regina at 7 p.m. at the Brandt Centre and Saturday's game is in Saskatoon at 7:05 p.m. at Credit Union Centre.

Quoted

"As the season goes on, things will get a little more heated, but Saskatoon and Regina have always been tremendous rivals and we see no difference this year."

Lorne Molleken, Saskatoon Blades head coach

MLB

Clock yet to strike 12 with O's still vying for spot in 'the dance'

The Baltimore Orioles have too much else going on to be overly excited about ending their miserable run of 14 consecutive losing seasons.

Manny Machado blooped an RBI single that eluded left-fielder Matt Joyce's desperate drive with two outs in the 14th inning, and Baltimore beat Tampa Bay 3-2 Thursday to complete a three-game sweep and remain atop the AL East.

With their 81st victory — and 13th in a row in extra innings — the Orioles are assured no worse than a .500 record for the first time since 1997.

"There's a bigger goal in mind," manager Buck Showalter said. "That wasn't the goal from Day 1 this spring. Really, Day 1 of the off-season. It's watching other teams for years and saying, 'We want to do what they're doing. We'd like to get a chair at the dance, you know?"'

It's been an incredible season for the Orioles, who finished in the cellar in each of the previous four years. Baltimore (81-62) started Thursday in a first-place tie with the New York Yankees.

THE ASSOCIATED PRESS

Baltimore's Manny Machado GETTY IMAGES

Bettman on lockout: 'I feel terrible about it'

NHL commissioner Gary Bettman at a news conference on Thursday in New York. THE ASSOCIATED PRESS

Reiterating that the NHL season won't start until there is a new collective bargaining agreement, Gary Bettman offered a impassioned defence Thursday of the league's stance.

"Listen, nobody wants to make a deal and play hockey more than I do, OK," the NHL commissioner told a news conference in New York when asked what he might say to fans dreading the prospect of a lockout. "This is what I do. This is what my life is about in terms of how I spend most of my waking hours.

"This is really hard. And so you only get involved in this situation when you understand what the issues are and you know you're doing the right thing for the long-term stability of our game and our sport.

"This is very hard and I feel terrible about it."

The current collective bargaining agreement expires Saturday at midnight. The season is slated to start Oct. 11 with training camps due to open Sept. 21.

Earlier, NHLPA boss Donald Fehr said the players want to keep negotiating. Avoiding the lockout is up to the league, he added.

"The players want to find a way to make an agreement. They want to negotiate until we do," Fehr told a news conference.

Fehr said the players made large concessions in bargaining last time. Since then, league revenue has risen dramatically.

He asked whether it was fair or equitable that the owners want more concessions.

Bettman noted the average player salary had gone from $1.45 million US to $2.55 million in seven years.

He said the existing salary cap system had helped competitive balance on the ice while growing revenues off it.

But he said the league needs to reduce its costs.

THE CANADIAN PRESS

Quoted

"If you have a non-bias opinion, you look at the facts, I think our mindset and the direction we're going is one that seems like it's a little bit more fair for both sides."

Penguins superstar Sidney Crosby

Mobile sports

Qriket

No one has ever questioned Blair Walsh's leg. It's always been a matter of if he knows where the ball is going after he kicks it. After some clutch field goals to lead the Vikings over the Jaguars, no one is questioning it anymore.

Horoscopes

♈ Aries
March 21 - April 20
With the Sun moving through the work area of your chart, you don't mind how hard you labour as long as the payoff is good. However, this area of your chart also governs your health, so don't push yourself too hard.

♉ Taurus
April 21 - May 21
You are far too sensible to believe everything you are told, especially by so-called "experts", and you will no doubt reject some of the things you hear today. That's good. Trust only your own inner voice.

♊ Gemini
May 22 - June 21
If you tell someone you love what they want to hear, rather than what they need to hear, it could lead to complications later on. Tell them the truth, no matter how painful it may be in the short term.

♋ Cancer
June 22 - July 23
The more someone pressures you to go along with a plan you are not interested in, the louder you must say no. Don't let them make you feel guilty by suggesting that your refusal will ruin it for others. It won't.

♌ Leo
July 24 - Aug. 23
You are letting your fears get the better of you and that in turn is making it difficult to make a sensible decision about a money matter. Always think logically and expect the best to happen rather than the worst.

♍ Virgo
Aug. 24 - Sept. 23
Try to stay calm and, wherever possible, stay out of the way of people who rub you up the wrong way. If your current environment gets a little too heated, take off by yourself for a day or two.

♎ Libra
Sept. 24 - Oct. 23
According to the planets, your negative attitude is attracting negative situations. Stop looking over your shoulder and start acting as if nothing can go wrong. Compared to most people, you've still got it easy.

♏ Scorpio
Oct. 24 - Nov. 22
No matter how much someone tries to persuade you to take sides in a dispute, you must stay out of it. There is simply no way of knowing for sure who is right and who is wrong, so it's best not to get involved.

♐ Sagittarius
Nov. 23 - Dec. 21
For some reason, your credibility is low at the moment. Your priority today is to improve your image. If colleagues and employers have begun to assume you are all talk and no action, you must prove them wrong.

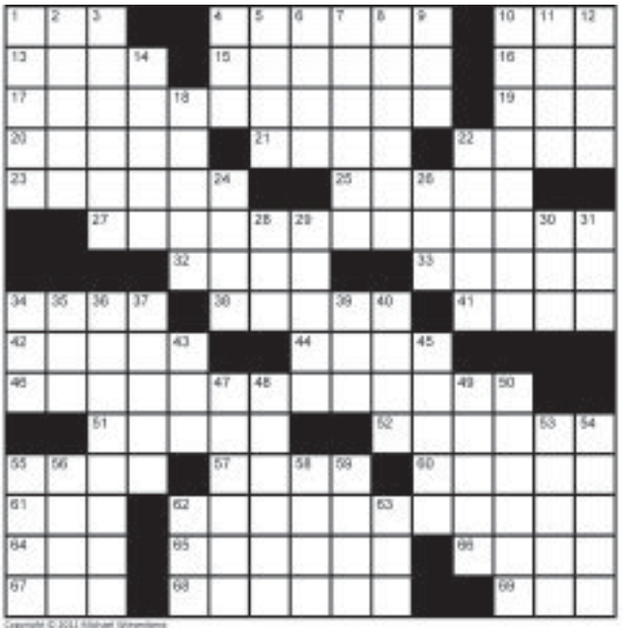
♑ Capricorn
Dec. 22 - Jan. 20
Whatever you lose today, you will more than make up for next week. Don't try to hang on to what is slipping from your grasp. There is a meaning to everything that happens — you just have to look for it.

♒ Aquarius
Jan. 21 - Feb. 19
Your options for action seem to be limited at the moment and all you can do is wait for conditions to change. Patience is a virtue, so stop worrying and enjoy the opportunity to take things easy for a while.

♓ Pisces
Feb. 20 - March 20
People will play on your sympathies and try to get you to do things you don't want to do. You must be tough and refuse. Anyone who comes to you with a tale of woe is not to be trusted. SALLY BROMPTON

Crossword: O Canada

BY MICHAEL WIESENBERG



Across
1. BC Hydro structure
4. Forming irregular, broken waves, as the sea
10. Sml., med., ___: T-shirt sizes
13. Swim ___: once around the pool (2 wds.)
15. "Hurts ___": John Cougar Mellencamp hit (2 wds.)
16. George Gershwin's lyricist brother
17. Northwest ___
19. Chomped
20. Mistake
21. Check
22. "As Good as It ___"
23. More expeditiously
25. Edmonton NHL team member
27. BC, AB, and SK are here (2 wds.)
32. Composer John who was a CBS reporter
33. Certain distance runner
34. ___ Nostra
38. "Salut!" in Scandinavia
41. Man, Wight, or Capri
42. White lightning, say
44. "Mon ___!": French mild oath
46. Largest waterway in the Pacific Northwest, it starts in BC and flows through Washington and Oregon to the Pacific (2 wds.)
51. Uses a towel
52. Most definite
55. Wine party cheese
57. High tennis shots
60. Canada's ___ Max lottery
61. Freeze
62. Molson's catchy slogan from 1994-1998 (3 wds.)
64. Place for a drink
65. Color clothes, hippie-style (2 wds.)
66. Great Lake
67. Serpentine warning
68. Capture
69. Finish

Down
1. Calendar entries
2. Oldsmobile model discontinued in 2004
3. Bone ___ transplant
4. Winter time in Manitoba: initialism
5. Owl's call
6. Shrek, for one
7. Exterminator's option
8. Like verse
9. QB's goal: abbr.
10. Canada's oldest federally registered party
11. Member of 10-Down, familiarly
12. Consumes
14. On one's belly
18. "___ my case": courtroom phrase (2 wds.)
22. Bottle-dwellers of legend
24. These are found on road maps: abbr.
26. Hasty exit
28. Edmonton CFL team member, familiarly
29. *The Mary Tyler Moore Show* spinoff
30. It's next to Ins on the keypad
31. Exist
34. *This Hour Has 22 Minutes* network
35. Tic-tac-toe win
36. GIs
37. Blue as the sky
39. Atmosphere
40. Hawaiian garlands
43. Sex Pistols' record label
45. Tonsil neighbour
47. 1950s-'70s Chevy (2 wds.)
48. Different arrangement of a given compound's atoms
49. Become eaten away
50. Collect one's pension
53. Besmirch
54. Did some calisthenics
55. Protections for babies
56. Some TVs
58. A-F alphabetic connection
59. Articulates
62. "I'll give ___ try" (2 wds.)
63. Bring home after expenses

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

	4		8		7		3	
	3	6	2		4	8	1	
2			6		3			8
		8	1		2	9		
5			4		9			7
	5	4	9		1	7	2	
	2		5		8		9	

Yesterday's Sudoku

Sharability

easy — hard

SATURDAY, SEPTEMBER 15 & SUNDAY, SEPTEMBER 16 ONLY!

RECEIVE A

FREE SURPRISE GIFT CARD

THAT COULD BE WORTH

$10 OR $25 OR $50

OFF YOUR NEXT PURCHASE, WHEN YOU SPEND $50 OR MORE ON ALMOST ANYTHING IN THE STORE.*

celebrating 50 fabulous years

NOW UNTIL SEPTEMBER 23!

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1 OF 20 TRIPS!

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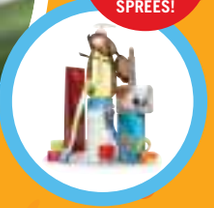

*Offer valid on the purchase total of eligible products after discounts and redemptions and before taxes. Excludes prescriptions, products that contain codeine, tobacco products (where applicable), stamps, passport photos, lottery tickets, event tickets, transit tickets and passes, gift cards, prepaid phone cards and prepaid card products. One Surprise Gift Card per eligible transaction per customer. Approximately 170,000 Shoppers Drug Mart Surprise Gift Cards will be distributed to participating Shoppers Drug Mart stores with the following discount values available for distribution and approximate odds of savings in each category: 1,750 chances in 170,000 to get a $50 gift card, 7,000 chances in 170,000 to get a $25 gift card and 161,250 chances in 170,000 to get a $10 gift card. Any unreadable Surprise Gift Cards or those showing no value will be deemed to have a $10 value. Restrictions on use and redemptions apply. See Surprise Gift Card for details. Correct answer to a mathematical skill-testing question is required before redemption is permitted with gift card denominations of $25 or more. The value of the Surprise Gift Card will be forfeited on returns. Not redeemable for cash or credit in whole or in part. Shoppers Drug Mart reserves the right to dishonour and confiscate any gift card which has been copied, altered, forged or obtained through unauthorized sources and to cancel, suspend, amend or withdraw this offer without notice in the event this occurs or for any other reason. Surprise Gift Cards will not be replaced if lost, stolen, damaged or used without permission. While quantities last. Offer valid Saturday, September 15 and Sunday, September 16, 2012 only at participating Shoppers Drug Mart stores. Not to be used in conjunction with any other Shoppers Drug Mart promotions or offers. Surprise Gift Card is a promotional card/voucher only and is valid until October 7, 2012. ® 911979 Alberta Ltd.

**No Purchase Necessary. Prizes may not be exactly as shown. Contest begins on September 5, 2012 at 9:00:00 a.m. EST and closes September 23, 2012 at 11:59:59 p.m. EST. PIN code entries must be received by September 26th, 2012. For details on how to enter, prize details, official contest rules and no purchase necessary method of entry visit www.shoppersdrugmart.ca/50. To receive a contest card with PIN code, customers must make a purchase of $10 or more on eligible products after discounts and redemptions of any Shoppers Optimum Points®, coupons or promotional gift cards and before taxes at participating Shoppers Drug Mart stores between September 5th and 23rd, 2012. Contest cards will only be provided while supplies last. Eligible products exclude prescription purchases, products with codeine, tobacco products (where applicable), stamps, passport photos, lottery tickets, event tickets, transit tickets and passes, gift cards, prepaid phone cards, prepaid card products and purchases at Shoppers Home Health Care locations. Limit one card per eligible transaction regardless of total dollar value of transaction. The Contest is open to legal residents of Canada who have reached the age of majority in their province or territory of residence. There are 150 available prizes to be won. Approximate retail value ("ARV") of prizes ranges from $10 to $43,500. As part of the 150 available prizes, 50 are grand prizes, consisting of two (2) Chevrolet Volts, Approximate Retail Value ("ARV") $43,500, three (3) Chevrolet Sparks $19,445, one (1) Chevrolet Cruze, ARV $23,480, three (3) Chevrolet Cruze Ecos, ARV $23,745, two (2) Chevrolet Sonic Hatchbacks, ARV $21,965 two (2) Chevrolet Equinoxs, ARV $33,370, two (2) Chevrolet Orlandos, ARV $26,780 [all vehicle models ARV based on being equipped with automatic transmission and air conditioning] seventeen (17) trips for 2 to Memories Resort in Cayo Santa Maria, Cuba ARV $2,470, three (3) trips for 4 to Memories Resort in Cayo Santa Maria, Cuba ARV $4,940 and fifteen (15) $5000 Shoppers Drug Mart gift cards. 100 instant win prizes available to be won by playing the 50th anniversary online game at www.shoppersdrugmart.ca/50 once unique PIN code is entered. Unique PIN Code from contest card required for entry into contest. Odds of winning depend on the number of eligible entries received. Correct answer to skill testing question required. See cashier for details.

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